



# MPSS MAY Newsletter



**There is an explosion of Gardening and Foraging opportunities. The birds and animals are staking out territories, attracting mates, laying eggs, and having young. Don't miss the many rapidly unfolding events of your backyard and surrounding areas this spring!**



Increasing awareness about what goes on in the world around you leads to a sense of connection and centeredness that is unparalleled. From the

tracks of snapping turtles coming up to lay their eggs in the front lawn, to the territorial bouts of robins staking claim to the back yard, the events unfolding this month are many and overlapping. Be sure to mark your calendars and talk to others about everything from migrations to plants emerging. These connections will go a long way in building your personal awareness and connecting to a community of plants, animals, and folks that can provide you with valuable resources and information.

## UPCOMING EVENTS

*Awareness 5 Day April 28-May 2*

*Intro to Scout Skills May 7-9*

*Scout 2 May 14-16*

*Scout 3 May 21-22*

*Scout 5 Day May 26-30*

*Earth Living 5 Day June 2-6*

## **Mentoring Skills Weekend**

The idea that a whole human being learns on their rear end in a room listening to one person talk is as ridiculous as a bear learning how to climb by watching a movie. We have evolved over thousands of years to interact with our environment as a primary way to glean information. Most practices saturate folks with activities designed to activate the portion of the brain responsible for rote memorization. If you are prepared to tap in to the vast potential of real learning and life changing experiences on a daily level, awaken and refine your senses and brain at the next Mentoring Skills Weekend. This course is for people who want to reintroduce the vibrancy of childhood curiosity and learning in to their lives and the lives of others. August 6th-8th.



Sorry for the short news letter folks, but with so many courses and programs this month, we did all we could just to meet the deadline! Want to get involved? We would love your submissions. Just e-mail articles and observations to [mpss@gwi.net](mailto:mpss@gwi.net)!

## Plants



### **May Offers an Explosion of Plant Diversity**

The tail end of roots and tubers season and the middle of young greens season makes May a bountiful and frantic month for foraging. Things are happening so fast and so often that it almost seems impossible to get in in all the action. Stars of the beginning of this month are fiddle heads and japanese knot weed shoots. Day-Lily and trout-lily greens are ready and the birch and basswood leaves are delicious! Get out there and make a fresh green salad!

### **New Plant Video addressing Lyme Disease!**

We just put out a new video showing the harvesting and preparation of Japanese Knotweed root for the relief of symptoms associated with Lyme Disease.

### **May is Scout Month**

Calling all scout grads!

Earn work study for being a shadow scout at this month's classes!

This month we are running Scout 1-3 as well as a five day scout experience that incorporates all three levels of scout skills. If you have prior scout classes, you can volunteer or become a shadow scout as a means of earning work study. Hope to see you there!

### **Reaching Out through Facebook**

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In an effort to get the word out about our school and community, we are asking folks with facebook accounts to share one of our videos. It's easy and a great way to show folks what we do. Simply go to one of our youtube videos and click "share" and "facebook". As caretaker Mike Dimauro said, "It's not like we're selling something stupid"!

