



NEWSLETTER

Parenting Outdoor Children

May 21st Family Day centered around fun and learning



On the 21st of this month head out to our Augusta Campus to explore bird language, tracking, awareness games and mentoring skills. This fun and family centered day is designed to get you and yours connected to the outdoors in a deep and meaningful fashion. guaranteed to build life

long strands of respect and connectivity. Our staff includes certified teachers, parents, grandparents, eagle scouts, Maine Guides, and over one hundred and thirty years of combined woods experience. Come out and play!

For registration or info call (207) 623-7298.

Maine Primitive Skills School Open House!

Ever wonder what all that drumming and those weird shelters were about on the Church Hill Rd. in Augusta? Ever wanted to throw an atl-dart or tomahawk? Come explore a bunch of hands on activities, from a giant six person bow drill to making rope and baskets from local plants and trees. Our instructors will be on site to share fun and adventure as we open up our doors to the outside world as seen through ancestral eyes. Bring your family, friends and something to capture video with! We go from 10am to 2pm on May 28th. There is no charge! For more information go to www.primitiveskills.com

-Karen Douglas



MAINE PRIMITIVE SKILLS SCHOOL DAY CAMP; MUCH MORE THAN "CAMP"

After the first fifteen years of sharing skills with only adults, we opened up our programs to families and children. That was six years ago. As a result., our school has developed a unique voice in the realm of nature awareness camps. We've developed a method of combining ancestral skills with games and activities that



children of all ages can't help but lose themselves in. Only after the end of day story do the children and parents realize how much they've learned. After five days, they can't wait to return. Join us this year for our day camp experience. Check out last years day camp vids or our August Calendar on the website, www.primitiveskills.com.

Wild Edibles Challenge!



Each year our staff, led by Arthur Haines, works toward increasing our ability to forage for our own food directly off the landscape. Using caretaker principles and approaching wild plants and animals in a responsible manner, the ultimate goal is a year long diet solely dependent upon what the landscape can provide. This May is the start of another year long challenge. Trout Lily, Dames Rocket, Coltsfoot, Nettles, Knotweed, Fiddle Heads, Alewives and assorted roadkill are all available and in great quantity at this time of year. As you go, keep a calendar of available food sources, what you gathered and how you prepared them so that next year you have a foundation to go from. In a few short years you will have enough first hand experiences and calendar pages to make wildcrafting meals and putting things by for the winter as routine as waking up each morning! For more information on our foraging classes and foraging in general, check out our website for instructional plant videos and upcoming courses.

www.primitiveskills.com

Calendar of Upcoming Events



May 6-8

Earth Living I (Augusta)
Ancestral Plants (Bowdoin)

May 8

Survival Fire Workshop

May 13-15

Earth Living I (Augusta)

May 18-21

Earth Living 5 Day

May 21

Raising Outdoor Children (Family Day)

May 28th

Open House (Augusta)

May 29th

Spring Edibles (Augusta)

